



DR. ARLETTE NAYLOR PHARO, D.O.

AwakenHealth Medical Center

2030 North Loop West, Ste. 112

Houston, Texas 77018-8107

Office: 713-802-1177

Fax: 713-802-1277

www.awakenhealth.net

Welcome to Dr. Pharo's Medical Practice!

WE LOOK FORWARD TO MEETING YOU AT YOUR NEW PATIENT APPOINTMENT SCHEDULED!

This letter is from "YOUR NEW DOCTOR": Dr. Arlette N. Pharo, D.O.

"Specializing in Treating the Patient, Not Just Symptoms!"

For Additional Information, Please take time to Read More about Dr. Pharo's Vision, Bio, Programs, Office & more details about her AwakenHealth Medical Practice: www.awakenhealth.net

NOTE: We do NOT respond to Email regarding Patient Information unless special arrangements have been Approved by Dr. Pharo. Please Call Dr. Pharo's Office if you have any additional questions. [713-802-1177](tel:7138021177)

BELOW IS MORE INFORMATION ABOUT OUR "NEW PATIENT" INITIAL APPOINTMENTS:

Please plan on being at our office at least 1- 1 1/2 hours for your "New Patient Appointment".

Additional DOWNLOADS you will need from Dr. Pharo's website: www.awakenhealth.net

- 1). **Please DOWNLOAD:** DR. PHARO'S **NEW PATIENT MEDICAL HISTORY FORM** (8 pages) YOU CAN PRINT AT HOME or WORK, FILL IT OUT, SIGN EACH PAGE and BRING IT WITH YOU TO YOUR APPOINTMENT.
- 2). **Please DOWNLOAD:** **CURRENT MEDICATIONS & SUPPLEMENTS FORM** (1 page) PLEASE FILL OUT AS MUCH AS POSSIBLE and BRING IT WITH YOU TO YOUR SCHEDULED APPOINTMENT.
- 3). **Please DOWNLOAD:** **PDF MAP WITH DRIVING DIRECTIONS TO DR. PHARO'S 2015 NEW OFFICE LOCATION**

In addition to the written Driving Directions provided at the end of this letter, please DOWNLOAD our easy to follow PDF Map with Photos & Architect's Drawing Layout of Dr. Pharo's Office Park Location from our website: www.awakenhealth.net (Most GPS & Map Apps show our address visible from 610 Freeway, it is Not. That's why we provide a Map)

PLEASE COME EARLY TO YOUR SCHEDULED APPOINTMENT FOR NEW PATIENT ORIENTATION AND REGISTRATION PAPERWORK.

Option #1 Registration Paperwork:

PRINT (Above mentioned downloads): Dr. Pharo's **MEDICAL HISTORY FORM** & **MEDICATIONS /SUPPLEMENTS FORM** AT HOME or WORK, FILL OUT as much as you can, SIGN EACH PAGE and BRING IT WITH YOU arriving about 15 minutes PRIOR TO YOUR SCHEDULED NEW PATIENT APPOINTMENT.

Option #2 Registration Paperwork:

You can FILL OUT ALL PAPER WORK IN OUR OFFICE. If you want to fill out the MEDICAL HISTORY FORM & MEDICATIONS /SUPPLEMENTS FORM in our office, please ARRIVE EARLY! (Plan about 45 minutes to an hour PRIOR TO YOUR SCHEDULED APPOINTMENT to fill out your Registration Paperwork. We can provide a copy of all forms for you in our office.



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ADDITIONAL PRE-APPOINTMENT TIME REQUIRED: We also require some additional in-office Pre-Appointment time with you to go over Dr. Pharo's New Patient Letter, Office Policies and time to take your Photo for your Medical Chart. *(We take a quick snapshot of each New Patient and print a copy for your Medical Chart in our office. This photo is "NOT" posted on line or used in any other way except as a visual reference in our office and kept attached to your Secure & Private Medical Chart).*

Also, "VERY IMPORTANT", **PLEASE BRING "CURRENT" LIST of ALL MEDICATIONS YOU ARE TAKING** or YOU CAN BRING YOUR ACTUAL SAMPLES OF ALL MEDICATIONS, VITAMINS, and SUPPLEMENTS you are taking.

In Addition, **PLEASE BRING** any **RECENT BLOOD WORK** or **COPIES of MEDICAL RECORDS & DOCUMENTS** that will be helpful for Dr. Pharo to review and discuss during your appointment.

If you prefer, you can **FAX** your "Completed & Signed" **MEDICAL HISTORY FORM & MEDICATION FORMS** back to our office directly: **Fax#: 713-802-1277** *(Please call our main office number, 713-802-1177, and leave a message if you send any faxes so we will know to be expecting your New Patient Paperwork. Thank You.)*

We take some time to review your paperwork and Medical History Form before you see Dr. Pharo.

Our New Patient Appointments include plenty of "one on one" quality time with Dr. Arlette Pharo.

Dr. Pharo specializes in a very unique approach for each INDIVIDUAL patient so we design your New Patient Appointment to provide plenty of time for you to discuss your needs and ask questions directly with Dr. Pharo.

One of our motto's "One Size Does NOT Fit All In Our Office" means that we treat each person as an Individual Patient and customize each patient's "AwakenHealth Plan". Dr. Pharo's "AwakenHealth Approach for Each Individual Patient" is our priority and what Dr. Pharo has specialized in for over 25 years.

In addition, if any Blood Work is required we can provide that service in our office during your appointment.

Although Dr. Pharo does NOT take Insurance, we can help provide coded receipts and paperwork to help you file with your insurance company.

We look forward to seeing you, and most importantly, HELPING YOU AWAKEN YOUR HEALTH, as a New Patient of Dr. Arlette Pharo's and the AwakenHealth Medical Center! Please call if you have any questions or need help with directions. We look forward to seeing you at your scheduled NEW PATIENT APPOINTMENT!

For More Information About Differences Between the Two Types of Physicians Licensed to Practice Medicine in the United States AND Understand Why D.O.'s like Dr. Pharo Can "DO MORE To Help You Awaken Your Health", please visit the following website link to understand the difference between a "D.O." and "M.D.": <http://www.awakenhealth.net/drarlettepharodo.html>

"To find health should be the object of the doctor. Anyone can find disease."

_Dr. A. T. Still, Founder Osteopathic Medicine



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DRIVING DIRECTIONS TO DR. ARLETTE PHARO'S NEW OFFICE LOCATION as of 2015:

NOTE: In addition to these written Driving Directions in this letter, **Please Refer to the "PDF MAP Download" available on our website.** (Most GPS & Map Apps show our address visible from 610 Freeway, it is Not. That's why we provide a Map) Download our easy to follow PDF Map with Photos of Office Park, Architect's Drawing & Layout of Dr. Pharo's Building Location from our website: www.awakenhealth.net

DR. PHARO'S MAILING & GPS ADDRESS: 2030 North LOOP West, Ste. 112, Houston, Tx 77018-8107

(Most GPS & Map Apps show our address visible from 610 Freeway, it is Not. That's why we provide a Map-Download)

DRIVING DETAILS & LOCATION ADDRESS:

Dr. Pharo's New Office is Located in "THE PRESERVE 7 Building Office Park", Building # 2030

{Buildings are in wooded area off NORTH SIDE FEEDER of 610 NORTH LOOP/ Between Ella & TC Jester "East"}

Important Note: The 2030 Building & Office Park is "**NOT**" visible from the 610 North Loop Freeway!

Please be sure to read the following "DRIVING DIRECTIONS" because Dr. Pharo's office is easily located, however it is a little hard to find on your 1st visit! Please, Do NOT depend entirely on your GPS for directions because Dr. Pharo's Office Building #2030 in The Preserve Office Park is NOT visible from the 610 Freeway, or the 610 Feeder Road or from TC Jester East. This office park is in a private landscaped & wooded area.

There are several easy ways to enter The Preserve Office Park:

(1) Traveling EAST on the 610 North Loop (coming from I-10 or 290):

Take the "ELLA Exit": U-turn under 610 Freeway & Stay on North Side Feeder driving West towards TC Jester. **Look for Right Turn Entrance to "The Preserve Office Park" off 610 Feeder between Ella & TC Jester East.**
"OR"

(2) Traveling WEST on the 610 North Loop (coming from I-45/ Downtown Area):

Take the "ELLA Exit": Stay on North Side Feeder past Ella Blvd. driving West towards TC Jester. **Look for Right Turn Entrance to "The Preserve Office Park" off 610 Feeder between Ella & TC Jester East.**

Either Route #1 or #2 above will guide you to be on the North Side of the 610 feeder, traveling West between Ella Blvd. and TC Jester East. Look for the Right Turn Entry into The Preserve Office Park.

There are 2 entries to the HARTMAN Property "The Preserve. (Note: Both Entries off the 610 Feeder Road are just "Before" you get to the orange roof Public Storage Buildings & Denny's Restaurant).

(Landmarks: Entry Landscaping & Large Red & Blue Office Lease Signage is also easily visible at the MAIN Entrance to "The Preserve Office Park" which is set back from the freeway with 7 buildings in wooded area.)

Turn RIGHT off the 610 Feeder into HARTMAN Property: "PRESERVE" Office Park. Then drive straight ahead to the Front of The Preserve Office Park and turn LEFT "in Front of the Buildings". (The 1st building number you'll see is 2000) **Drive to Dr. Pharo's Building 2030 which is on the Left in the middle of the Office Park.**

(NOTE: Our 2030 Building is located directly behind the "US Postal Blue Box" easily visible as you drive through the parking lot. We are the only building with a Gazebo on the right side of the building!)



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3rd ROUTE to DR. PHARO'S OFFICE:

(3) EXIT TC JESTER "EAST" off 610 North Loop: You also have the option of entering the HARTMAN Property "Preserve Office Park" from 2 entries off TC JESTER EAST. *Note: There are 2 TC Jester's on "each side of Bayou" (East & West) **Be sure you are on TC Jester "EAST"!***

There is construction at 610 & TC Jester East exit, however you can Enter Dr. Pharo's Office Park New Location **Driving North from the 610 Loop on TC Jester East: towards 34th Street {if you get to 34th, you've gone too far}**

> **EXIT TC JESTER "EAST" off 610 North Loop:** At the corner of the 610 Loop and TC Jester East, there is a Car Repair Place, then entry to Denny's Parking. **Next, traveling North on TC Jester East from 610 will be 2 Entries into HARTMAN Property "The Preserve". (Turn Right off TC Jester East into Either Front or Back Entry):**

(A) BACK ENTRY: 1st you'll see the Right Turn Entry into "the BACK" of The Preserve Office Park with plenty of parking. *(NOTE: there is NO Handicap Access from this back entry.)*

Our "BACK ENTRY" to building 2030 is **NOT** Marked in this Parking Area, so park between Buildings marked 2040 and 2020. **There is a RESERVED PARKING SIGN for DR. PHARO.** Park anywhere in this area.

There is a RED Wooden Bridge across a Duck Pond that will lead you into the Back Entrance of our 2030 Building. Once Inside the Building, turn "RIGHT" down 1st hallway and we are at the end of the hall: Suite 112.

(B) FRONT ENTRY: Just "After" the "Back Entry described above, is a Right Turn "MAIN-ENTRY" into the "FRONT" of The Preserve" Office Park. *(NOTE: there is Plenty of Handicap Parking and a Ramp Access into the building #2030 from this FRONT entry.)*

Our "**2030 Building Number**" is easily visible from FRONT ENTRY drive into the office park. 2030 is set back in the middle of The Preserve Office Park. We are only building with a Gazebo on the Right side of the building.

(NOTE: Our 2030 Building is directly behind the US Postal Blue Box easily visible from the parking lot.)

Once Inside the Building through the FRONT Entrance, turn "LEFT" down 1st or 2nd hallway and Dr. Pharo's Suite is the "only" office entry the at the end of the hall: Suite 112.

Website PDF MAP with DRIVING DIRECTIONS to DR. PHARO'S NEW OFFICE LOCATION as of 2015.

More New Patient Information, FORMS & MAPS are available as PDF downloads on our website. A MAP-QUEST application is available to type your address & get driving directions to our office from any location.

NOTE: You may find several different office addresses for Dr. Arlette Pharo on the web. Dr. Pharo moved to her current New Office address in December 2014. All websites and Search Engines have NOT updated to her New Address so please refer only to the Address and Map provided in this letter. **Dr. Pharo's 2015 Office Location:**

2030 N. Loop W., Ste. 112, Ho, Tx 77018. For More Information, READ more on our most current website:

www.awakenhealth.net PLEASE CALL OUR OFFICE **[713-802-1177](tel:713-802-1177)** IF YOU HAVE ANY QUESTIONS.

WE LOOK FORWARD TO MEETING YOU AT YOUR NEW PATIENT APPOINTMENT!

THANK YOU.